

Dr Emma McCullough D. Clin Psych, M.Sc.; B.Sc. (Hons)

Chartered Clinical Psychologist

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HCPC Reg no: PLY19398

BPS Reg no: 170159

Curriculum Vitae

Summary:

- Chartered Clinical Psychologist with the BPS/HCPC for 8 years
- Experience working with children, families and adults with mental health difficulties, interpersonal difficulties and histories of trauma, abuse and neglect
- Expertise in the use of Cognitive Behaviour Therapy for various mental health difficulties including trauma and psychosis, motivational interviewing, solution focused therapy, working with sexual abuse and schema focused therapy for entrenched difficulties
- Accredited Schema Therapy Practitioner
- Training and Supervision and development of clinical staff
- Teaching on Queens University Clinical Psychology Doctorate
- Chartered Clinical Psychologist in private practice working with public and private sector

Education

- Accredited Schema Therapy Practitioner July 2016
- Doctorate in Clinical Psychology – Queens University of Belfast. Sept 2005- Sept 2008
- MSc Applied Psychology. University of Ulster at Jordanstown. Sept 1999-2000
- BSc Hons Applied Psychology Sept 1995 – June 1999
- Certificate in Counselling (CSCT) Completed June 1998
- Diploma in Counselling (CSCT) Completed Sept 1999

Relevant Work Based Training

- Schema Therapy for Clients with Personality Disorders April 2012-June 2016
- ONUS Domestic Violence Training; August 2016, August 2015
- Traumatic Grief Workshop; February 2016
- Reflective Practice in Groups Oct-Nov 2015
- Psychoanalytic principles in Psychosis; May-Sept 2015
- Schema Personality Disorder Training; November 2014
- Managing Aggression & Potential Aggression; November 2013
- Personality Disorder and Parenting; Anna Freud Centre; May 2012

- Safeguarding Training; April 2012
- CBT for Older Adults; April 2008
- Applied Suicide Intervention Training; Jan 2004

Posts Held

- **Independent Chartered Clinical Psychologist; February 2016- current**
Working for public and private sector, with health insurance providers and businesses to promote workplace wellbeing. Psychological assessment of adults and families to include cognitive and intellectual functioning, mental health, trauma and risk assessment. Teaching and training role within University and business sectors.
- **Chartered Clinical Psychologist within Psychological Therapy Service (NHSCT); May 2010- current**
Working with in both inpatients and outpatient settings providing specialists assessment, intervention, supervision, risk assessment, neuropsychological and psychometric assessment, personnel and waiting list management, audit, training and liaison with Community Mental Health Teams. Individual and group work therapy programme delivery. Post has included providing complex assessments to Extra Contractual Referral Panel (Personality Disorders) for recommended treatment options within the UK.
- **Chartered Clinical Psychologist within Assertive Outreach Team (Severe and Enduring Mental Illness) (NHSCT); October 2008- May 2010**
Consultation, training and supervision of colleagues, application of psychological techniques. Therapeutic interventions with individuals and families with severe and enduring mental health difficulties. Multidisciplinary working.
- **Clinical Psychologist in Training (Central Services Agency); Sept 2005- 2008**
Supervised professional training in range of specialisms: (1) Addiction Service (2) Psychosexual Service (3) Brain Injury (4) Children and families Mental Health (CBT and psychodynamic) and (5) Adult Psychological Services. Research and audit.
- **Psychologist (NHSCT); Oct 2003- August 2008**
Working within Adult Mental Health Services providing psychometric assessments and therapy.
- **Statistician (Northern Ireland Statistics and Research Agency); Nov 2000-May 2002**
Conducting large scale research projects for government and private agencies, questionnaire design, analysis, report writing. Training and personnel management.

- **Autism Therapist (Parents Education as Autism Therapists); Oct 1999-
Nov 2000**
Working with children and families to enhance child development and family coping skills